

# Menus for July 2019

# Walnut Ridge Elementary School



Monday, July 1	Tuesday, July 2	Wednesday, July 3	Thursday, July 4	Friday, July 5
Chicken strip 3 each Mashed Potatoes 1/2 cup Green Beans 1/2 cup Assorted Fruit 1/2 cup <b>Breakfast</b> WG Donut 1 each	Ham and Cheese 1 each Baked Chips 1 each Carrots sticks/Ranch Assorted Fruit 1/2 cup <b>Breakfast</b> Burrito 1 each	Cheese Pizza 1 each Corn 1/2 cup Salad 1/2 cup Assorted Fruit <b>Breakfast</b> Sausage and Biscuit	<b>Closed</b>  	<b>Closed</b>
Monday, July 8	Tuesday, July 9	Wednesday, July 10	Thursday, July 11	Friday, July 12
Crispto 2 each Romaine Salad 1/2 c Corn 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Cereal (1) Yogurt (1)	Corn Dogs 1 each Baked Beans 1/2 c Cole Slaw 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> WG Honeybun (1)	Turkey Sandwich 1 each Baked Chips 1 bag Lettuce/Tomatoes 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Pancake on a stick (1)	Breaded Chicken Patty Oven Fries 1/2 c Lettuce/Tomatoes 1/4 Variety Fruit 1/2 c <b>Breakfast</b> Burrito (1)	Cheese Pizza 1 Slice Romaine Salad 1 c Corn 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Cereal (1) & Yogurt (1)
Monday, July 15	Tuesday, July 16	Wednesday, July 17	Thursday, July 18	Friday, July 19
Chicken Nuggets 4 each Mashed Potatoes 1/2 c Green Beans 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Cereal (1) & Yogurt (1)	Corn Dogs 1 each Baked Chips 1 bag Carrot Stick 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Sausage (1) & Biscuit (1)	Tacos 2 each Brown Beans 1/2 c Lettuce/Cheese 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> WG Donut (1)	Hamburger 1 each Oven Fires 1/2 c Lettuce/Cheese 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Breakfast Pizza (1)	Cheese Pizza 1 Slice Romaine Salad 1/4 c Corn 1/2 c Variety Fruit 1/2 c <b>Breakfast</b> Burrito (1)
Monday, July 22	Tuesday, July 23	Wednesday, July 24	Thursday, July 25	Friday, July 26
Crispto 2 each Romaine Salad 1/2 c Corn 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Cereal (1) & Yogurt (1)	Turkey Sandwich 1 each Baked Chips 1 bag Carrot Stick w/ Ranch 1/2c Variety Fruit 1/2 c <b>Breakfast</b> Burrito (1)	Chicken Fajitas 1 each Pinto Beans 1/2 c Lettuce/Cheese 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Pancake on a stick (1)	Ham & Cheese Sandwich Baked Chips 1 Bag Lettuce/Tomatoes 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> Breakfast Pizza (1)	Cheese Pizza 1 Slice Romaine Salad 1/2 c Corn 1/4 c Variety Fruit 1/2 c <b>Breakfast</b> WG Donut (1)
Monday, July 29	Tuesday, July 30	Wednesday, July 31	Milk (8 oz.) is served daily with Lunch.	
Chicken Nuggets 4 each Mashed Potatoes 1/2 cup Green Beans 1/2 cup Assorted fruit 1/2 cup <b>Breakfast</b> Cereal (1) & yogurt (1)	Ham An Cheese Sandwich Chips 1 each Pickle Spear 1 each Assorted Fruit 1/2 Cup <b>Breakfast</b> WG Donut (1)	Pizza 1 slice Corn 1/2 cup Salad 1/2 cup Assorted Fruit <b>Breakfast</b> Sausage (1) & Biscuit (1)		

**This institution is an equal opportunity provider.**