Lawrence County School District Lawrence County SNPAAC (Wellness) Committee Walnut Ridge High School February 14, 2018

Call to order: Lunch served 11:45 A.M. Meeting called to order by Janna Berry 12:03 p.m.

Attendance: (12) Committee Members Present: Terry Belcher, Janna Berry, LeeAnn Cheadle, Jacob Kersey,

Larry Treadway, Lindsay Romine, Dyan Heard, Stephanie Nichols, Kristal Jones, Vicki Mitchell, John Bland, Valerie Petty. Not Present (1) Derek Bramlett. Student Member: Present Carlie

Phillips, and Chaz Burgin.

Minutes: Members reviewed minutes from December 13, 2017 meeting. Kersey motioned to accept and

Mitchell seconded motion. Minutes stand as reviewed.

Old Business: Stephanie Nichols reported that 18 women participated in the Mobile Mammogram program

and 20 participated in the Health Fair cardio optic program. She also noted that the Elementary BMIs are complete and they are still working on 6th, 8th and 10th grades. Reports to be given to

principals and Berry once completed.

New Business: Menus were reviewed and approved.

The Triennial Review-Assessment 2018/Checklist Update was given to all necessary parties, to complete and return to Janna Berry at next meeting, to be kept on file. Grades K-6 is being compiled by Bramlett, Cheadle, Jones and Berry. Grades 7-12 is being compiled by Kersey, Bramlett, Jones and Berry. Once Checklist is complete Berry will use to complete the Triennial Review.

Berry is working on the Healthy Active Arkansas, Rethink Your Drink: Choose Water Grant. This grant is to replace current water fountains with water fountain filling stations. This grant must be completed by the end of February. An estimate for installation is required. Berry will be requesting seven water fountain filling stations to be placed in the gym, Community Center, Elementary's 3rd and 4th grade wing, Middle School main hallway, High School Square, the Field House, and cafeteria.

Kersey is working on the Joint Use Agreement Grant. The deadline for this grant is March 15, 2018. Physical Activity and the Department of Education school share program is when the school shares a facility with another entity such as we do with the city park. The goal for this grant this year is to replace fencing and bleachers at the ballpark. Kersey has completed 90% of the grant. He is waiting on the Board to approve at their next meeting. Kersey plans to apply for this grant again next year to make improvements to the track.

Due to changes in ARBenefits/Health insurance wellness discounts, a full heath workup with bloodwork etc. will be required. In order to help teachers take full advantage of the discount, it has been tentatively scheduled for August 6, 2018 for 5-6 registered nurses to setup in the high school gym to do these exams. The doctor will be available via skype. They will be able to service 50-60 people and should be able to complete by 4:00p.m.

Heard presented from Blue & You, the ACHI Fitness Challenge for school faculty. February 14, 2018 is the last day to register. The Challenge begins March 1, 2018 and runs through May 31, 2018. She planned to register with a minimum of 10. Activities are logged and points earned with prizes awarded.

Meeting date set for April 11, 2018.

Motion to adjourn made by Heard seconded by Bland. Meeting adjourned at 12:40 p.m.