

April 5th, 2023
12:06pm

Committee members present: Chair Sarah Moore, Emily Richey, Terry Belcher, Jacob Kersey, Caitlyn Sheets, Vicki Mitchell, Dyan Heard, Jason Belcher, Brittany Farmer, and Blake Coffman.

The meeting was called to order by Sarah Moore.

Upcoming health and wellness activities were discussed and are as follows: Key Club Blood drive 4/6/23, St. Bernards Mobil Mammogram is returning to finish up screenings, elementary track meet is coming up in May and PE classes are already transitioning and preparing for the events, and hearing and BMI screening are finished, and results are pending. Also, a hearing specialist with natural hearing will be coming in May, for screenings.

In May, a mental health specialist will be coming to the high school campus to meet with Coach Moore's health classes and discuss mental health wellness.

School lunch menus for the months of April and May were passed out and discussed. Committee members referred to the present student representative for suggestions pertaining to the menus, but no suggestions were made. Discussions on how the State wants to limit sugars within the lunch and breakfast menus, and possibly ramifications of those limitations were discussed.

The meeting was adjourned at 12:30pm.

Lawrence County SNPAAC (Wellness) Committee

April 5th, 2023

Walnut Ridge School Board Room

Agenda

- I. Call to order
- II. New Business
 - a. Upcoming Community Health Events
 - b. Elementary Track Meet
 - c. Discussion of School Menus