

Lawrence County School District  
Lawrence County SNPAAC (Wellness) Committee  
Walnut Ridge High School  
February 19, 2019

- Call to order: Lunch served at 11:45 A.M. Meeting called to order by Janna Berry 12:05 p.m.
- Attendance: (12) Committee Members Present: Terry Belcher, Janna Berry, LeeAnn Cheadle, Larry Treadway, Jacob Kersey, Derek Bramlett, Vickie Mitchell, Stephanie Nichols, Lindsay Romine, Kristal Jones. Student Committee Members Present: Taylor McGinty and Jordan Haynes. Not Present (4) Anna Shaw, Dyan Heard, John Bland, and Valerie Petty.
- Minutes: Members reviewed minutes from December 12, 2018 meeting. Kersey motioned to accept and Treadway seconded motion. Minutes stand as reviewed.
- Old Business: Almost 600-700 Hearing and Vision tests were conducted and billed to Medicaid. Almost \$7000.00 was received from Medicaid. More students are in need of vision correction. Doctors believe it is a result of screen time. Stephanie Nichols applied and received the Blue and You \$1000 Mini Grant. The money was used to purchase 5 more Stop the Bleed kits. St Bernard's mobile mammography conducted 22 mammograms when the mobile unit was on campus February 6, 2019. Staff weight loss contest is underway, started in January 2019, and will continue until March 14, 2019. All participants put in \$10.00, prize is cash money for most weight lost.
- New Business: Menus were discussed. AR Department of Health will be on campus February 21, 2019 as part of WRHS Career Fair. They will provide Flu vaccines for anyone who has not received theirs yet. Blue and You Fitness challenge gives staff an opportunity to rally together to engage in physical fitness as a group and compete against other teams of similar size. Participants have till Feb 28th to register. Competition starts March 1st. Last year's team won 1st place in the 8-9 participants category. EcnonMed, local pharmacy that supplies WR elementary students with free vitamins, will be on campus March 4th for needed HEP vaccines. They will administer the 2nd round or give the combination. Faculty can send birthdate to Mrs Nichols and she can look up to see what a person has had. Cardio-Optics will be at WRHS on April 16th to conduct optional Cardiovascular and Cancer ultrasounds. Cost of \$125.00 for each or \$210.00 for both. A person can pay with cash, card, or use their Health Savings Card. Cancer screenings will include the liver, pancreas, and the thyroid. School nurses will start BMI measurements in grades K, 2, 4, 6, 8, and 10th. All results will be given to building principals and Berry. Other news, Coach Berry will contact First Choice about setting up free athletic physicals on campus before school gets out. Target month is May since all testing will be over. Grades included will be current 6th to 11th. These will be optional. Next meeting is April 17th.

Motion to adjourn made by Mitchell, seconded by Bramlett.